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To Save Your Life, Change Your Brake Fluid Every 40 000 Miles

Because your brake fluid is as important as other fluids and oil engines, your car's brake fluid should be changed every 40 000 miles.

IPT recommends for you the "Elf Frelub 650"; a high-performance synthetic brake fluid specially formulated for most severe conditions.

This synthetic fluid can be mixed with all other synthetic fluids type DOT 3, DOT 4, or DOT 5.1 and is suitable for all vehicle types.

[Read more](#)

Local Fuel Prices 5/4/2022

UNL 95 / 20 L

456,000 LL

-6000 LL

DIESEL (For Vehicles)

508,000 LL

-13000 LL

Gas (LPG) / 10 KG

317,000 LL

-11000 LL



An advertisement for the 'Bon Appétit Instashop App'. The background is red and white. At the top left, the 'Bon Appétit' logo is displayed. Below it, a smartphone screen shows a delivery person on a red bicycle. To the right of the phone, the text reads: 'Download "Instashop App" Get your products delivered right to your doorstep!'. Below this, it says 'Available On:' followed by icons for the App Store and Google Play. At the bottom right, the website 'www.instashop.ae' is listed.

Bon Appetit: Shop Online and Avoid Traffic!

From the comfort of your home, you can easily check and shop online your groceries and household needs, and have them delivered at your doorstep! [Read more](#)

An advertisement for 'GLACELF ANTIFREEZE'. The background is dark blue. On the left, the product name 'GLACELF ANTIFREEZE' is written in white. Below it, there is a small line of Arabic text: 'موتورة في جميع محطرات أي بي إس'. In the center, there is a white bottle of GLACELF antifreeze. To the right of the bottle, there are three icons with Arabic text: 'مانع التجمد' (Anti-freeze), 'تبريد المحرك' (Engine cooling), and 'ضد الصدأ' (Anti-rust). At the bottom, the slogan 'لحماية طويلة الأمد!' (For long-term protection!) is written in white.

Antifreeze GLACELF: Long-Lasting Protection!

GLACELF is a very long life antifreeze based on high purity mono-ethylene glycol and available at most IPT Stations. [Read more](#)

#Energy_Library



In the coming years, it is thought that water will become a more important geopolitical resource than crude oil with demand set to rise more than 50 percent by 2030. As climate change and higher consumption dry up already scarce water supplies, especially in the Middle East and North Africa region, the risk of conflict over this vital resource also increases. The Swiss Agency for Development and Cooperation (SDC) hopes to avoid this and provide water security through the Blue Peace Strategy, which promotes water sustainability as an asset for political and social peace.

What's Happening:

- How Water Cooperation Can Provide Geopolitical Stability in MENA
- Oil Prices Fall After Truce in Middle East Conflict, Petroleum Reserve News
- 'Who's Talking Climate Change Now?' Energy Producers Say
- Barakah Nuclear Energy Plant's Unit 2 Startup Impressive: OECD

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✓ SAVE ENERGY EVERYDAY



Use Cruise Control During Highway Driving

Unnecessary changes in speed are wasteful.
The use of cruise control helps improve fuel economy.

 Forward